



KERI MARSHALL, MS, ND

NORDIC NATURALS' ADVISORY BOARD MEMBER

“The standard American diet, particularly in children, is often lacking in essential fats, amino acids, and vitamins and minerals. In an effort to balance children’s diets, all of my pediatric patients are on fish oil supplements because omega-3 fatty acids are fundamental to a child’s developing nervous system.”
—Keri Marshall MS, ND

A complete profile is available and can be emailed upon request. Press interviews can be arranged by contacting Shari Hindman, Integral Marketing at 303.499.9665 or sharilhindman1@comcast.net.

Summary of Expertise

Dr. Keri Marshall is a licensed Naturopathic Doctor who specializes in holistic pediatrics and women's medicine. She has published several scientific papers and magazine articles, written a book on proteins and amino acids, appears regularly on nationally syndicated radio shows, and most recently, appeared on ABC's "A View from the Bay." She is a writer and blogger for *KIWI Magazine*, a natural family living magazine. Dr. Marshall serves as the scientific advisor to Citizens for Health, a national nonprofit consumer advocacy group. Devoted to children's health and wellness, Dr. Marshall also serves as a nutrition expert on the Wellness Committee in the Oyster River School District, helping to change the school lunch program by integrating healthier options. Dr. Marshall received her Naturopathic Medical degree from the National College of Naturopathic Medicine in Portland, Oregon, a Masters Degree in Social and Preventive Medicine from S.U.N.Y. at Buffalo, and a Bachelors of Science from the George Washington University.

Specific Subjects

women's medicine, children's health, autoimmune disease, gastrointestinal disorders, integrative cancer care, arthritis, integrative medicine, inflammation, omega-3s and 6s, EPA, DHA, GLA, fish oil supplementation and research, fish oil products, cod liver oil, the effects of essential fatty acids on weight loss, heart health, immune function, reproductive health, visual and brain development, healthy mood, hormone support and special needs for pregnant and lactating women, lifestyle changes for improved health plus mental and physical performance, sugar and artificial sweeteners

Publications

- **Psoriasis—pathophysiology, conventional, and alternative approaches to treatment.** Traub M, Marshall K. *Altern Med Rev* 2007 Dec;12(4):319–30.
- **User's Guide to Proteins and Amino Acids.** North Bergen, NJ: Basic Health Publications; 2005.
- **Whey Protein: Therapeutic Applications.** *Altern Med Rev* 2004;9(2):136–156.
- **Alternative Medicine Review.** Book of Monographs Volume I. Associate Medical Editor. Thorne Research 2002.
- **Interstitial Cystitis: Understanding the Syndrome.** *Altern Med Rev* 2003;8(4):426–437.
- **Polycystic Ovary Syndrome: Clinical Consideration.** *Altern Med Rev* 2001;6(3):272–292.

Dr. Marshall has published several articles in a peer reviewed medical journal, written 18 monographs on herbs, vitamins, and minerals, and published a book and worked as an associate medical editor for another book. She has also contributed to magazines such as *Body and Soul*, *Let's Live*, *Delicious Living*, *Men's Health*, and *Remedies*.